

2002 SECTION 7A GIRLS T & F CHAMPIONSHIP University of Minnesota - Duluth - Friday 5/31/02

Girls 100 Meter Dash Class A

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Friend, Nicole	11	Internl Fall	13.31q	NWI	2
2 Stewart, Alena	10	MarshallDulu	13.54q	NWI	1
3 Anderson, Shanna		Cook	13.58q	NWI	2
4 House, Tiffany	8	Carlt/Wrensh	13.68q	NWI	2
5 Waters, Katie	10	Carlt/Wrensh	13.75q	NWI	1
6 Halverson, Jenna		Barnum	13.98q	NWI	2
7 Tomberlin, M'Kelle	11	Greenway	14.13q	NWI	1
8 Heins, Ashley		Aitkin	14.21q	NWI	2
9 Freiermuth, Vicki		Cromwell	14.37	NWI	1
10 Eskeli, Elayna		NashwauKeewa	14.67	NWI	1
11 Peterson, Stacey		EvelethGilbe	14.75	NWI	1
-- Mattson, Ashley	10	Chisolm	DNF	NWI	2

Girls 100 Meter Dash Class A

Name	Year	School	Finals	Wind	Points
Finals					
1 Stewart, Alena	10	MarshallDulu	13.57	NWI	
2 Waters, Katie	10	Carlt/Wrensh	13.61	NWI	
3 Friend, Nicole	11	Internl Fall	13.86	NWI	
4 Tomberlin, M'Kelle	11	Greenway	14.02	NWI	
5 House, Tiffany	8	Carlt/Wrensh	14.11	NWI	
6 Anderson, Shanna		Cook	14.18	NWI	
7 Halverson, Jenna		Barnum	14.36	NWI	
8 Heins, Ashley		Aitkin	14.89	NWI	

Girls 200 Meter Dash Class A

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Waters, Katie	10	Carlt/Wrensh	26.97q	NWI	1
2 Anderson, Shanna		Cook	28.00q	NWI	2
3 Tomberlin, M'Kelle	11	Greenway	28.16q	NWI	1
4 Jago, Jodi	12	Hermantown	28.22q	NWI	2
5 Kne, Courtney		Chisolm	28.23q	NWI	1
6 Lagarde, Alicia		Carlt/Wrensh	28.54q	NWI	1
7 Halverson, Jenna		Barnum	28.63q	NWI	2
8 Moore, Sarah		EvelethGilbe	29.23q	NWI	1
9 Peterson, Stacey		EvelethGilbe	29.39	NWI	2
10 Lundgren, Chelsea		CrosbyIronto	29.52	NWI	1
11 Richardson, Dustie		Greenway	29.86	NWI	2
12 Hischer, Grace		MoosLakWilri	30.26	NWI	2

Girls 200 Meter Dash Class A

Name	Year	School	Finals	Wind	Points
Finals					
1 Waters, Katie	10	Carlt/Wrensh	28.80	NWI	
2 Tomberlin, M'Kelle	11	Greenway	29.47	NWI	
3 Halverson, Jenna		Barnum	29.98	NWI	
4 Jago, Jodi	12	Hermantown	30.13	NWI	
5 Lagarde, Alicia		Carlt/Wrensh	30.22	NWI	
6 Kne, Courtney		Chisolm	30.43	NWI	
7 Moore, Sarah		EvelethGilbe	30.66	NWI	

Girls 400 Meter Dash Class A

Name	Year	School	Finals	H#	Points
1 Friend, Nicole	11	Internl Fall	1:00.31	2	
2 LeDuc, Jamie	10	Internl Fall	1:00.66	2	
3 Helfont, Rachel	12	Hermantown	1:02.35	2	

4	Smith, Molly	Ely	1:03.24	2
5	Zahorshy, Jackie	Chisolm	1:03.88	2
6	Frost, Christi	LakeviewChri	1:05.05	2
7	Hassel, Lyndsey	Greenway	1:05.11	1
8	Benham, Breanna	Deer River	1:06.14	1
9	Harris, Reese	CrosbyIronto	1:06.53	2
10	Wotczak, Julie	Hermantown	1:06.59	2
11	Just, Sarah	Aitkin	1:08.33	1
12	Buller, Shaila	McGregor	1:09.02	1

Girls 800 Meter Run Class A

Name	Year	School	Finals	H#	Points
1	Langager, Martha	12 MarshallDulu	2:28.37	2	
2	Hawley, Anna	12 EvelethGilbe	2:28.45	2	
3	Manders, Vanessa	Northland	2:28.45	2	
4	Moore, Keihly	10 Two Harbors	2:32.74	2	
5	Fink, Leslie	Cook	2:33.00	2	
6	Skaudis, Marjia	Cherry	2:33.25	2	
7	Houck, Jen	Cromwell	2:37.10	2	
8	Ogard, Erika	CrosbyIronto	2:41.12	1	
9	Swenson, Kristin	11 Internl Fall	2:41.61	2	
10	Krosmerl, Michelle	Carlt/Wrensh	2:41.70	1	
11	Rolandson, Shelly	Chisolm	2:52.90	1	

Girls 1600 Meter Run Class A

Name	Year	School	Finals	Points
1	Palkie, Liz	10 Carlt/Wrensh	5:20.91	
2	Hawley, Anna	12 EvelethGilbe	5:27.90	
3	Smith, Samantha	Cromwell	5:29.80	
4	Grones, Alexa	Cromwell	5:40.65	
5	Langager, Martha	12 MarshallDulu	5:40.67	
6	Shaw, Jenny	Silver Bay	5:41.95	
7	Skaudis, Marjia	Cherry	5:44.87	
8	Lundell, Marcy	12 Two Harbors	5:47.74	
9	Goette, Angelina	Silver Bay	5:49.67	
10	Borden, Andrea	CrosbyIronto	5:51.97	
11	Skala, Laura	Mesabi East	5:53.53	
12	Sikkink, Amy	Cherry	5:56.09	
13	Staniger, Ashley	Chisolm	6:18.74	
14	Dexter, Katrinna	Internl Fall	6:47.38	

Girls 3200 Meter Run Class A

Name	Year	School	Finals	Points
1	Palkie, Liz	10 Carlt/Wrensh	12:01.91	
2	Fossum, Erica	11 Bigfork	12:06.04	
3	Engelmeier, Melissa	Hermantown	12:26.06	
4	Smith, Samantha	Cromwell	12:27.06	
5	Beaman, Kim	CrosbyIronto	12:44.05	
6	Peterson, Brittany	Carlt/Wrensh	12:48.54	
7	Lindberg, Andrea	Internl Fall	12:48.75	
8	Skoglund, Krista	Internl Fall	12:49.46	
9	Kantola, Stacy	Cook	12:52.86	
10	Shaw, Jenny	Silver Bay	12:53.89	
11	Anderson, Julie	Ely	13:00.49	
12	Peterson, Kirstie	Carlt/Wrensh	13:08.72	
13	Bandemer, Kaylee	Northland	13:12.29	
14	Grones, Alexa	Cromwell	13:17.83	
15	Hovet, Daisy	EvelethGilbe	13:18.86	
16	Sikkink, Amy	Cherry	13:56.17	
17	Patchin, Thersa	Mesabi East	13:56.18	

Girls 100 Meter Hurdles Class A

Name	Year	School	Prelims	Wind	H#
Preliminaries					

1	Waterhouse, Rachel	12	MarshallDulu	17.06q	NWI	2
2	Vaneps, Amber	12	Deer River	17.09q	NWI	1
3	Zimny, Bridget		Esko	17.48q	NWI	1
4	Brustad, Lindsey		Northland	17.60q	NWI	1
5	Abbett, DeAnna		AlBrook	17.97q	NWI	2
6	Grindy, Lyyse		MoosLakWilri	18.01q	NWI	2
7	Spolarich, Trista		Aitkin	18.04q	NWI	2
8	Sandstedt, Danyelle		Hermantown	18.11q	NWI	1
9	Ritter, Molly		Greenway	18.13	NWI	2
10	Hill, Stephanie		Cook	18.91	NWI	1
11	Olson, Andrea		EvelethGilbe	19.06	NWI	1
12	Youso, Barbara		Internl Fall	19.42	NWI	2

Girls 100 Meter Hurdles Class A

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Name	Year	School	Finals	Wind	Points
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Finals

1	Vaneps, Amber	12	Deer River	16.40	NWI
2	Waterhouse, Rachel	12	MarshallDulu	16.87	NWI
3	Zimny, Bridget		Esko	17.42	NWI
4	Abbett, DeAnna		AlBrook	18.02	NWI
5	Brustad, Lindsey		Northland	18.13	NWI
6	Grindy, Lyyse		MoosLakWilri	18.14	NWI
7	Sandstedt, Danyelle		Hermantown	18.40	NWI
--	Spolarich, Trista		Aitkin	DQ	NWI

Girls 300 Meter Hurdles Class A

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Name	Year	School	Finals	Points
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1	Johnson, Hanna	8	MarshallDulu	48.08
2	Vaneps, Amber	12	Deer River	48.35
3	Arola, Nicole		Chisolm	48.39
4	Holmes, Nicole		Carlt/Wrensh	48.89
5	Ritter, Molly		Greenway	50.89
6	Pearson, Denay		LakeviewChri	51.76
7	Miller, Sarah	12	Hermantown	52.19
8	Abbett, DeAnna		AlBrook	54.17

Girls 4x100 Meter Relay Class A

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School	Finals	Points
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1	Marshall School, Duluth	51.50
	1) Waterhouse, Jamie 12	2) Waterhouse, Rachel 12
	3) Johnson, Hanna 8	4) Stewart, Alena 10
2	Hermantown	51.60
3	Barnum	54.47
4	Aitkin	54.50
5	International Falls	54.62
6	Chisolm	54.95
7	Deer River	55.09
8	Eveleth-Gilbert	56.28

Girls 4x200 Meter Relay Class A

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School	Finals	Points
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1	Hermantown	1:49.22
	1) Helfont, Rachel 12	2) Jago, Jodi 12
	3) Swanson, Cari 10	4) Tafs, Lindsey 10
2	Marshall School, Duluth	1:50.96
3	Chisolm	1:52.11
4	International Falls	1:56.40
5	Crosby-Ironton	1:58.10
6	Eveleth-Gilbert	1:59.60
7	Moose Lake/Willow River	2:02.10
--	Deer River	DQ

Girls 4x400 Meter Relay Class A

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School	Finals	H#	Points
1 International Falls	4:10.17	2	
1) Swenson, Kristin 11			
3) Oswald, Desiree 12			
2 Carlton/Wrenshall	4:13.47	2	
1) Palkie, Liz 10			
3) Waters, Katie 10			
3 Hermantown	4:21.82	2	
4 Ely	4:23.28	2	
5 Marshall School, Duluth	4:26.04	2	
6 Greenway	4:28.63	2	
7 Crosby-Ironton	4:31.82	2	
8 Two Harbors	4:33.97	1	
9 Chisolm	4:41.85	1	
10 Cromwell	4:52.41	1	

Girls 4x800 Meter Relay Class A

School	Finals	Points
1 Two Harbors	10:00.54	
1) Lundell, Marcy 12		
3) Nixon, Kristi 9		
2) McQuade, Kellie 11		
4) Moore, Keihly 10		
2 International Falls	10:10.98	
3 Crosby-Ironton	10:18.09	
4 Hermantown	10:19.18	
5 Ely	10:31.41	
6 Mesabi East	10:42.35	
7 Eveleth-Gilbert	10:46.28	
8 Northland	11:17.98	
9 Chisolm	11:32.71	
10 AlBrook	11:53.06	

Girls High Jump Class A

Name	Year School	Finals	Points
1 Vaneps, Amber	12 Deer River	5-09.00	
2 Bloemendaal, Jackie	12 Cromwell	5-06.00	
3 Mattson, Ashley	10 Chisolm	J5-06.00	
4 Miller, Sarah	12 Hermantown	5-04.00	
5 Trygstad, Jenna	11 Two Harbors	5-03.00	
6 Just, Sarah	Aitkin	5-02.00	
7 Robinson, Caitlin	CrosbyIronto	J5-02.00	
8 Skoglund, Krista	Internl Fall	4-10.00	
8 Kelly, Sara	Hermantown	4-10.00	
8 Senst, Jyll	Two Harbors	4-10.00	
11 Olson, Andrea	EvelethGilbe	J4-10.00	
12 Kruchoski, Julia	Chisolm	4-07.00	
12 Phillipe, Emily	10 Internl Fall	4-07.00	

Girls Pole Vault Class A

Name	Year School	Finals	Points
1 Caywood, Breanna	11 Esko	10-03.00	
2 Feltus, Jenessa	12 Deer River	9-00.00	
3 Zika, Sarah	Internl Fall	8-06.00	
3 Zimny, Bridget	Esko	8-06.00	
5 Schanhaar, Gina	Deer River	J8-06.00	
6 Fogle, Maranda	CrosbyIronto	J8-06.00	
7 LeDuc, Jamie	10 Internl Fall	8-00.00	
8 Montgomery, Kelsey	Esko	J8-00.00	
-- Srock, Aimee	CrosbyIronto	NH	
-- Smith, Kayla	Deer River	NH	
-- Dougherty, Rachel	Internl Fall	NH	

Girls Long Jump Class A

Name	Year School	Finals	Wind	Points
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1	Waterhouse, Jamie	12	MarshallDulu	15-10.00	NWI
2	Tomberlin, M'Kelle	11	Greenway	15-09.50	NWI
3	Veitenheimer, Kara	10	Two Harbors	15-07.00	NWI
4	Eskeli, Elayna		NashwauKeewa	15-04.50	NWI
5	Freiermuth, Vicki		Cromwell	15-03.50	NWI
6	Reckinger, Amber		Greenway	15-03.00	NWI
7	Dreher, Missy		Barnum	15-02.50	NWI
8	Underhill, Krissy		MoosLakWilRi	14-04.00	NWI
9	Hensrickson, Rachel		Internl Fall	14-00.50	NWI
9	Oswald, Desiree	12	Internl Fall	14-00.50	NWI
11	Dougherty, Rachel		Internl Fall	13-08.00	NWI
12	Fredrickson, Carrie		Silver Bay	13-05.50	NWI

Girls Triple Jump Class A

Name	Year	School	Finals	Wind	Points
1	Waterhouse, Rachel	12	MarshallDulu	36-01.50	NWI
2	House, Tiffany	8	Carl/Wrensh	34-03.00	NWI
3	Freiermuth, Vicki		Cromwell	33-02.50	NWI
4	Swenson, Kristin	11	Internl Fall	32-05.50	NWI
5	Johnson, Hanna	8	MarshallDulu	32-05.00	NWI
6	Arola, Nicole		Chisolm	32-04.50	NWI
7	Houck, Jen		Cromwell	32-04.00	NWI
8	Hensrickson, Rachel		Internl Fall	31-01.50	NWI
9	Zika, Sarah		Internl Fall	30-00.50	NWI
10	Zahorshy, Jackie		Chisolm	29-11.50	NWI
11	Manders, Vanessa		Northland	29-11.00	NWI
12	Abbett, DeAnna		AlBrook	29-01.50	NWI

Girls Shot Put Class A

Name	Year	School	Finals	Points
1	Baldes, Sarah	11	Two Harbors	37-11.00
2	Seeley, Lonyll	10	Two Harbors	34-11.25
3	Atchley, Kim		Internl Fall	34-08.50
4	Ellison, Cassie	10	Internl Fall	32-01.00
5	Cody, Robyn		Internl Fall	J32-01.00
6	Miles, Sarah		Bigfork	31-11.25
7	Reinke, Morgan		Hermantown	31-10.00
8	Hoeschen, Krista		Bigfork	31-07.25
9	Brekke, Lynn		McGregor	30-09.50
10	Dreher, Missy		Barnum	30-08.75
11	Backstrom, Heather		Aitkin	28-07.50
12	Asuma, Jolene		Cherry	27-02.00

Girls Discus Throw Class A

Name	Year	School	Finals	Points
1	Ellison, Cassie	10	Internl Fall	108-04
2	Baldes, Sarah	11	Two Harbors	100-07
3	Seeley, Lonyll	10	Two Harbors	97-03
4	Reinke, Morgan		Hermantown	96-09
5	Fogle, Maranda		CrosbyIronto	92-00
6	Cody, Robyn		Internl Fall	91-02
7	Hoeschen, Krista		Bigfork	90-02
8	Miles, Sarah		Bigfork	89-09
9	Strohmayer, Liz		Bigfork	88-11
10	Dreher, Missy		Barnum	85-01
11	Backstrom, Heather		Aitkin	82-01
12	Friend, Nicole	11	Internl Fall	81-07